



BOLINAS-STINSON SCHOOL NEWS

Think-Feel-Communicate

What's Going On...September 30, 2016

Be Safe Be Respectful Be Responsible Be Kind

Greetings Bolinas-Stinson School Community,

This week we provided urban experiences for all of our students. Our K-2 went to the California Academy of Sciences in Golden Gate Park and our 3rd-8th graders went to the San Francisco Museum of Modern Art. This is very exciting to me to provide these rich experiences for our kids. It also reminds me of the bounty that the Bay Area has to offer. Thank you to all the teachers and staff who made these trips happen.

Wheels on campus is a success:

It has been very rewarding to see a significant number of students enjoying snack and lunch recesses riding bikes, skateboards and scooters on the Bolinas campus. It seems to me that more children are actually playing at snack and lunch and having fun in ways that includes exercise and positive interactions. I think the yard is a more vibrant, positive place with this change. I'm really proud of the kids for embracing this new freedom in a responsible way.

Specialist's Open House and BBQ is October 12th:

Please come join us for a BBQ on October 12th starting at 6:00pm. This will be our 3rd annual event, bringing the community together to enjoy some delicious food and see what is going on in our Art, Music, and PE classes. You will also be able to visit with our Librarian and our Learning Center Specialists. We will provide hot dogs and tri-tip. You can bring a side dish, dessert or non-alcoholic beverage. It is going to be great! Bring your appetite and your willingness to actively engage with our specialists.

Please email Whitney Vest to sign up to bring a dish whitneyvest@gmail.com

Have a wonderful weekend.

Jason

Jason Richardson
Principal,
Bolinas-Stinson School
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"We do not learn from experience. We learn from reflecting on experience."— John Dewey

SNACK AND LUNCH MENU

Monday 10/3

Snack: Cereal/oatmeal, fruit, milk

Lunch: Roasted chicken & potatoes, salad bar, milk

Tuesday 10/4

Snack: Mixed grain toast, scrambled eggs/oatmeal, fruit, milk

Lunch: Enchilada pie, fresh salsa, salad bar, milk

Wednesday 10/5

Snack: Blueberry bread/oatmeal, fruit, milk

Lunch: Macaroni & cheese, roasted veggies, salad bar, milk

Thursday 10/6

Snack: Bagel & cream cheese/oatmeal, fruit, milk

Lunch: Turkey & cheese or sunbutter & jam sandwich, salad bar, milk

Friday 10/7

Snack: Yogurt & granola/oatmeal, fruit, milk

Lunch: Cheese/hamburger, veggie burger, salad bar, milk

MARK YOUR CALENDAR

Tuesday 10/4-Friday 10/7- 4th & 5th grade
Yosemite field trip

**One bus run in afternoon-see
attached bus schedule**

Wednesday 10/5-Walk & Roll to School

Tuesday 10/11-(10:30-noon) K-2nd grade
field trip to Dance Palace: Balamcoatl-A
Journey through Mayan Lands

Wednesday 10/12

3rd Annual BBQ & Specialist Open
House at 6pm on the Bolinas
Campus

Monday 10/17-Hearing test by school
nurse for grades 2, 5 & 8

10/18 & 19-School Photo Day



Art at its best always invites us to see things in fresh ways and is able to move us to the truth about things. It can also have great value in bringing order to the chaos of life and helping us understand our own humanity and the world around us.

It was a great day and heartfelt thanks to all of you for making it happen, getting our students safely to and fro and giving them this world class art experience. Janis Yerington



Reminder for the Stinson Beach 2nd grade students riding from the Mesa in Bolinas: Please meet the bike train at Poplar & Overlook at 7:30. We will safely ride together, arriving at school in time for students to catch the bus to Stinson.

WEDNESDAY OCTOBER 5
INTERNATIONAL



Bike, Walk & Carpool with us!

Morning meeting location(s) to walk and bike together:

From the Mesa at Poplar & Overlook at 7:30 a.m.

Please consider leading a group and

let us know where students can meet you.

Volunteers for Safe Routes to Schools will be handing out
Clif Kid bars to students who walk, bike, carpool or bus on October 5.

For more information, contact: Anny at annyo@bolinas-stinson.org

LACE UP YOUR SNEAKERS!

Starting the morning of Wednesday October 5th, which is also International Walk & Roll to School Day, Safe Routes to Schools will be strongly encouraging more walking, biking and carpooling by hosting the Hopscotch Challenge at our school.

Set a goal with your child to walk, bike, or carpool once a week, for six weeks, from Oct. 5 to November 9, 2016.

Colorful backpack cards will be distributed to all participating students on Oct.5th.

Every Wednesday, children's backpack cards will be stamped if they travel to school by foot, bike, carpool or bus.

On the last day of the Hopscotch Challenge, backpack cards will be collected and entered into a raffle prize drawing for a scooter.

-Anny Densmore

TODAY'S MARIJUANA: WHAT YOU AND YOUR TEEN NEED TO KNOW

Jennifer Golick, LMFT, Ph.D.

Clinical Director of Muir Wood Adolescent & Family Services

- Marijuana types and potencies
- Science behind marijuana and the teen brain
- Getting the conversation started

Tamalpais Union High School District students will share their stories and experiences with marijuana and be part of a Q&A session.

**October
18th**

**7:00 PM- 8:30 PM
Redwood High School
Small Gym**

Students Welcome to Attend

This event is sponsored by the Ross Valley Healthy Community Collaborative and the Twin Cities Coalition for Healthy Youth

RSVP: goo.gl/utwX60